



Rural Derbyshire SSP Activity Challenge

	Monday	Tuesday	Wednesday	Thursday	Friday		
Real PE Social Skills	<p>Reception/KS1 Practice and perfect your Astronaut Skills</p> <p>KS2 Try out your seated balance skills in the Personal Best Challenge; Exchange Objects</p>	<p>Reception/KS1 Play the cheeky Monkey's Throw the Fruit game?</p> <p>KS2 Have a go at Seated Volleyball</p>	<p>Reception/KS1 Enjoy the chitter chatter of the Five Cheeky Monkeys song</p> <p>KS2 Can you cross the river? Stepping Stones (crossing) game</p>	<p>Reception/ KS1 Can you do what the Cheeky Monkey says?</p> <p>KS2 How many shapes and sequences can you make? Order Shapes game</p>	<p>Reception/KS1 Discover your own Fairytale Adventure</p> <p>KS2 Beat your own score in the Personal Best Challenge; Exchange Objects</p>		
	<p>How to use real PE at home:</p> <ul style="list-style-type: none"> Visit https://home.jasmineactive.com/login and use your real PE at home school log in (see below) or sign up for your own family log in here Parent e mail: parent@eyamcofepr-1.com Password: eyamcofepr All the activities written in colour above can be found on day 6-10 of the activity timetable, use the toggle to select EYFS (Reception)/KS1 or KS2 activities. Get extra help and tips by watching the video for each day. <p style="text-align: center;">Real PE develops all your learning skills, not just the physical ones. This week's focus is on social skills.</p> <p>During the activities this week can you develop your social skills by.....</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; text-align: center; border: none;"> <p>FS2/KS1 Taking turns, sharing and using kind words? What did you do well? What would you like to improve next time?</p> </td> <td style="width: 50%; text-align: center; border: none;"> <p>KS2 Using positive words, helping others and talking about your ideas? What did you do well? What would you like to improve next time?</p> </td> </tr> </table>						<p>FS2/KS1 Taking turns, sharing and using kind words? What did you do well? What would you like to improve next time?</p>
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Remember, it is important for children and adults to stay active during these tough times.

Please do not hesitate to contact us if there is anything we can help with!

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