



Rural Derbyshire SSP Activity Challenge

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Reception/KS1 Join in with the 5 Little Puffer Trains song</p> <p>KS2 Challenge yourself to complete the Front Support Relay game</p>	<p>Where will you visit for The Train Trip game?</p> <p>KS2 Find your Personal Best Challenge: Tunnels Can you beat your score?</p>	<p>Reception/KS1 Have some fun taking part in the Clowning Around story</p> <p>KS2 Challenge your agility FUNS Skills: Ball Chasing</p>	<p>Reception/ KS1 Use your ball skills to create Letters Numbers and Shapes</p> <p>KS2 Challenge your fundamental skills and fitness Dice Frenzy Jumps game</p>	<p>Reception/KS1 What tricks do you have up your sleeve today? Clown Tricks game</p> <p>KS2 Have fun with the Rock, Paper, Scissors game</p>

How to use real PE at home:

- Visit <https://home.jasmineactive.com/login> and use your real PE at home school log in (see below) or sign up for your own family log in [here](#)
Parent e mail: parent@eyamcofepr-1.com
Password: [eyamcofepr](#)
- All the activities written in colour above can be found on **day 26-30** of the activity timetable, use the toggle to select EYFS (Reception)/KS1 or KS2 activities.
- Get extra help and tips by watching the video for each day.

**Real PE develops all your learning skills.
This week's focus is on Health and Fitness.**

During the activities this week can you develop your health and fitness by.....

FS2/KS1

Describing how your body feels before, during and after exercise

KS2

Describing what happens to your body when you exercise
Thinking about different ways to keep your body and mind healthy

**Remember, it is important for children and adults to stay active during these tough times.
Please do not hesitate to contact us if there is anything we can help with!**

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Email – jprice@anthonygell.co.uk & jbates@anthonygell.co.uk**